

Decatur Family YMCA Soccer Parents Meeting

U6 and U8 Age groups

Welcome- Meet Us





- Community Sports Director: Kathy Frisbey, 404-371-3314
- Program Support Specialist: Raven Faison, 404-371-3300

Visit our soccer website at: www.ddysoccer.org



DDYSC- Celebrating 50+ Years of Soccer!



Come join the oldest Youth Soccer program in the State of Georgia!

Decatur-DeKalb YMCA started the first Youth Soccer program in Georgia in 1968 and has since been one of the leaders in Youth Soccer in the Atlanta area. We have three generations of families who have participated in the Decatur-DeKalb YMCA Youth Soccer Program over the past 50 years.

We offer a full service soccer program:

- Ages 2 18 years old
- We offer soccer programs for all levels of play. Recreational, Academy, & Select programs, as well as Super Youth Soccer.
- Year round program: Fall & Spring Outdoor seasons, Futsal indoor soccer in the winter, and Super Youth Soccer, summer rec soccer, soccer camps, and clinics in the summer.

Our Mission



- The DDY Recreational Soccer -(Rec) Soccer Program provides an opportunity for young people in our community to develop healthy life skills and team skills through active participation in the beautiful game of soccer.
- Our core values are teamwork, fairness and communication, while nurturing a positive environment to strive for excellence.



Agenda



- Return To Play Guidelines
- Age overview
- Season Timeline
- Practices, Games & Locations
- What to bring to practices & games
- Uniforms

- DDY website how to navigate
- Volunteer Coaches
- PlayerSpace sports program
- Risk Management
- Questions



HEALTH AND SAFETY PROTOCOLS

This document is to be used as the governance for the minimum requirements for all sports at the YMCA of Metro Atlanta as of December 2021 and until further notice of a change is provided by the YMCA.

NON-NEGOTIABLE SAFETY PROTOCOLS

Waiver: A waiver must be completed for each player, coach and volunteer before returning to play.

Hand sanitizer: The YMCA will provide sanitization stations for hand sanitizing, however, we also ask all players to bring hand sanitizer for personal use as a backup.

Minimize physical touching between players and coaches: All players and coaches should avoid high fives, handshakes, huddles, or other types of physical touching,

Staff, coaches and volunteers must wear masks at all times. Any other adults interacting with the players or coaches during a training session, practice or game are required to wear appropriate face masks.

Players under age 12 must wear a mask until the start of practice/game: For players 12 & over, masks are recommended anytime that they are not in active practice or gameplay. Players will also be allowed to wear masks during practice or games, but this will be a personal choice of the player's parent or guardian.

Parents and observers ages 12 & up are recommended to wear a mask: Children under 12 are required to wear a mask.

Parents and observers must social distance during training sessions, practices and games: Parents and other observers must social distance from any person not living in their household during training sessions, practices and games – whether indoor or outdoor,

Parents and observers may or may not be allowed to accompany their player in Indoor facilities based on capacity which is determined by the current state executive order, Some YMCAs may request spectators to remain in their vehicle (or in another designated location outside of the YMCA or activity room), Each YMCA will communicate to coaches, parents and staff what is allowed regarding spectating for each specific program

Parents and observers may need to bring their own chairs or seating.



Avoid "shared" equipment: Players should have their own alternate color training top or pinny Pinnies should not be shared, Players should have their own ball whenever possible, water bottle, towel,
etc, Participants should bring their own snacks, and there should be no shared/team snacks,

Reduce players touching practice equipment: The handling of all training Items, I.e., cones, flags, goals, etc. will be limited to coaches, Shared equipment will be cleaned frequently.

Avoid large gatherings or lines of players: Coaches will avoid having players stand or assemble in lines, small groups, or huddles. Coaches will alter their training methods to incorporate appropriate social distancing (maintaining 6' distancing between players when providing instruction, etc.). Player and referee benches will be removed when possible, and players, referees and spectators will need to provide their own seating. Sideline seats will be spaced out to 6 feet apart for team members that are out of the game or practice,

Facility structures cleaning and use: Any facilities that are accessible during training, practices and games will be cleaned and disinfected regularly, Railing, door-handles and other surfaces that are touched frequently will also be cleaned and disinfected regularly.

Increased signage throughout facilities and fields: YMCAs will post signage throughout facilities and fields wherever possible to remind all players, coaches and spectators to maintain social distancing.

Safety oversight: YMCAs will have staff and/or contract coaches present at all facilities (indoor & outdoor) while there is training, practices or games occurring. The YMCA staff, in partnership with coaches and volunteers, will monitor fields and facilities to help maintain appropriate social distancing and enforcement of all protocols,

Staff and coaches should monitor for symptoms: Any coach, player, parent, referee and or spectator who is sick, has a persistent cough, is running a temperature or is displaying any symptoms suggesting that the individual may be ill, (from any contagious malady, including cold, flu, or suspected corona virus) will be prohibited from attending training or games. Any coach or administrator who sees any adult attendee who displays any of these symptoms will be asked to leave. A minor who is displaying any of these symptoms will be safely isolated until an adult responsible for the minor can remove the minor.

WHAT IF SOMEONE GETS SICK

When the Y is made aware that a player, coach, ref or staff member has tested positive for COVID-19;

- If the Y is made aware of a positive test, communication will be sent to any potentially impacted staff, coaches, volunteers, and participants,
- The player, coach, ref or staff member will be asked to self-quarantine and will not be permitted to
 return until at least 10 days have passed since symptoms first appeared, at least 24 hours with
 no fever without fever-reducing medication, and a doctor's note or a negative COVID test has been
 provided.



WHAT IF A PERSON HAS HAD DIRECT EXPOSURE TO SOMEONE WHO HAS TESTED POSITIVE FOR COVID

We ask that any person who has had direct exposure, follows the CDC guidelines below before returning to practice or games,

What is considered direct exposure?

Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period:

- Person with COVID-19 who has symptoms (in the period from 2 days before symptom onset until
 they meet criteria for discontinuing home isolation; can be laboratory-confirmed or a clinically
 compatible illness)
- Person who has tested positive for COVID-19 (laboratory confirmed) but has not had any symptoms (in the 2 days before the date of specimen collection until they meet criteria for discontinuing home isolation)

Note: This is irrespective of whether the person with COVID-19 or the contact was wearing a mask or whether the contact was wearing respiratory personal protective equipment (PPE),

Recommended Precautions for the Public

- Stay home until 10 days after last exposure and maintain social distance (at least 6 feet) from others at all times
- Self-monitor for symptoms
 - Check temperature twice a day
 - Watch for fever, cough, or shortness of breath, or other symptoms of COVID-19

EDUCATION AND COMMUNICATION

Training regarding adjustments to training sessions for coaches: Ys will educate coaches on how to safely implement appropriate training sessions, practices and games by sport,

Training regarding all required safety protocols for coaches: Ys will educate coaches on all required safety protocols,

Communication for parents & guardians: Ys will send communication to parents and guardians prior to the first session regarding all safety requirements and protocols for the YMCA and for the sport in which their child is participating, Any updates to protocols and procedures will also be communicated,

WHAT HAPPENS NEXT?

The YMCA will continue to monitor the changing climate and adjust the return to play plan as necessary, This will involve following the guidance of our local and national governing bodies, The Y also understands that each family is dealing with varying circumstances and will be flexible and allow families to return to play as they feel comfortable, The YMCA will communicate any changes to our return to play guidelines as they occur,



Season Timeline - U6 & U8 Sat. & Sun



SATURDAY LEAGUE (U6 & U8)

- Team Rosters Available on Player Space: 2/27-3/1
- Practice start: Week of 2/28 & Sat, 3/5
- Games Starts: 3/12
- Season Ends: 5/7 (Rainout date 5/14)

SUNDAY LEAGUE (U6 & U8)

- Team Rosters Available on Player Space: 3/1-3
- Practice start: 3/6
- Games Starts: 3/13
- Season Ends: 5/8 (Rainout date 5/15)





Practice & Game Information & Locations!



Saturday League:

U8 Boys & U8 Girls -

- Teams will practice on a weeknight once a week for an hour.
- Games will be on Saturday mornings between 9am & 3pm.
- Home games will be held at Columbia Seminary field.
- Games will last approximately one hour.
- Teams will be scheduled to play other DDYSC teams and possibly one or two outside teams.

U6 Coed -

- Teams will practice on Saturday morning 30 minutes prior to game each week.
- Games will last approximately 45 minutes.
- The first week of the season teams will practice for one hour on Sat, March 5.
- Practice & Games will be held at Columbia Seminary field between 9 am - 1:30 pm.



Practice & Game Information & Locations!



Sunday League:

U6 & U8 coed -

- Teams will practice and play games on Sunday afternoons only
- Practice will be 30 minutes prior to game time each week, except for the first week.
- The first week of the season will be practice only.
- Games will be on Sunday afternoons between 1 pm & 5:30 pm.
- Practice and games will be held at Avondale Dunaire Soccer fields.
- Games will last approximately one hour for U8 age group and 45 minutes for the U6 age group.



What to Bring!

- Players should wear athletic type clothing and shin guards, bring a soccer ball, and plenty of water to all games and practice.
- Both U6 & U8 age groups- should bring a size 3 ball.
- All players are required to wear DDYSC Rec Uniform to all games.
- Socks must be completely cover the shin guards.
- Please do not allow players to wear any type of jewelry. (No earrings allowed)



Games/Schedules





- Games will be played in house with a few outside teams. Schedules will be available through the PlayerSpace program. Your schedule will show on your team webpage under the schedules tab.
- Schedules will be released this upcoming weekend.
- U8 Sat. League may have an away game at another soccer field.

Uniforms



- All NEW players must purchase the DDYSC Recreational uniforms package.
- This will include a home & away Jersey, shorts, socks and knapsack.
- You can Purchase the uniform through our vendor for the cost of \$32.00. You can purchase the uniform either online or at Krown sports.
- If you purchase the uniform online, you will have the choice to pick up the uniform in person or have it shipped to you directly for an additional cost.
- http://www.krownsports.com/ddysc/



Krown Sports



<u>Address</u>

278 Laredo Drive, Decatur, Ga 30030

- The store is located across the street from the DeKalb Farmers Market. Store is open M-F, 10 am - 6 pm, Sat, 10 am - 4 pm. Curbside pickup is also available.
- Uniforms are available to purchase <u>NOW</u>.
- Krown sports also offers other soccer supplies like soccer balls, shin guards, cleats, etc.

Search ...



(2) My Account



Team Uniforms Custom Apparel Soccer Gear Custom T-Shirts Custom Embroidery Designs Services

Home / Clubs / DDYSC

Products Filter

Brands

Nova Athletic (3)

Product Size

- X-Small (1)
- Small (1)
- Medium (1)
- Large (1)

Showing all 5 results







Default sorting







DDYSC WOLVES WE ARE WHO WE ARE









About Us

Recreational

Academy

Select

SCCL Summer League

Futsal

Camps

Referees



Field Status

All Fields are Closed

As of 2:04 pm EST, Mon Feb 24

VIEW ALL FIELD LOCATIONS

Text Message Alerts Field Directions

Upcoming Events

Agenda

CSD Winter Break - Training Sessions for play

Thursday, February 20

CSD Winter Break - Training Sessions for play

Friday, February 21

CSD Winter Break - Training Sessions for play

Saturday, March 7



WE ARE WHO WE ARE









About Us Recreational

Academy

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SCCL Summer League

Futsal

Camps

Field Closure Text Alerts



Don't get left out in the rain!

Stay on top of field closures by signing up for text message alerts through Demosphere.

Signup for Texts from Decatur-DeKalb YMCA Soccer

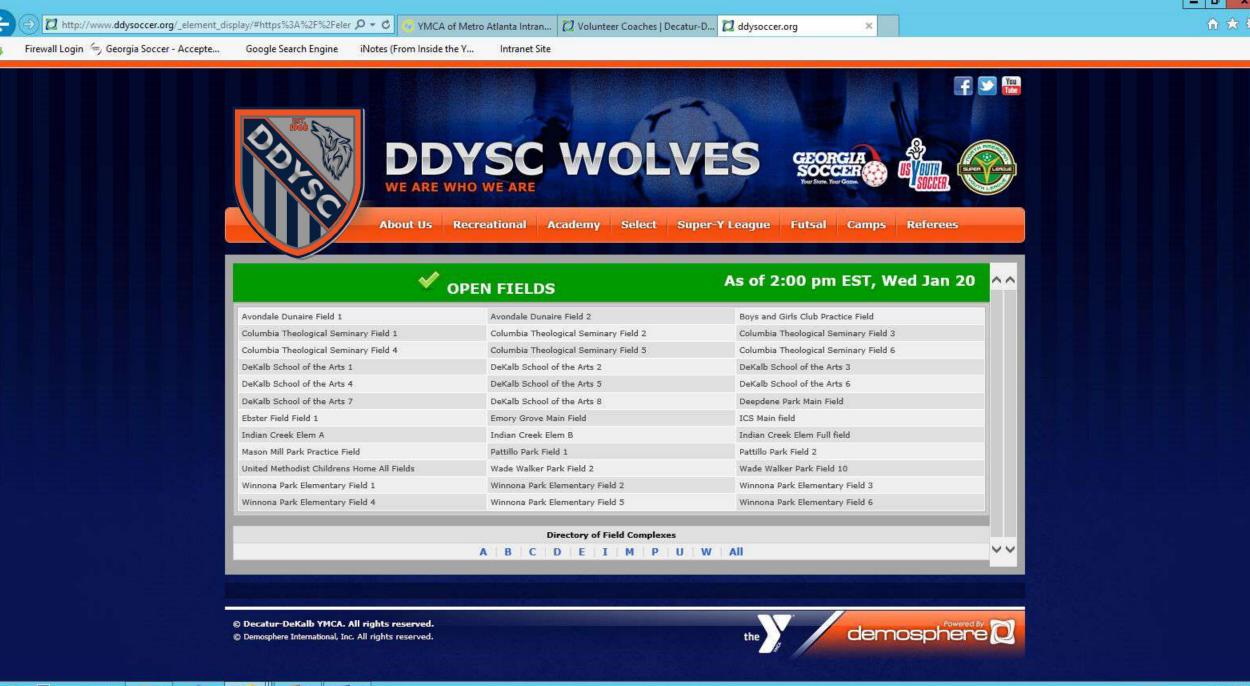
Mobile Phone:

Mobile Carrier:

■ I agree to the Terms of Service. Message and data rates may apply.

A validation code will be sent to the phone number above. On the next page you will be prompted for the validation code.

Sign Up!







































DDYSC WOLVES







About Us

REGISTER NOW FOR FA

Recreational

Academy

Select

Super-Y League

Futsal

Camps

Referees

00000

Registration

Recreational Uniforms

Age Groups / Locations

REATION SOCCER

KIDS
DEVELOPING
SPIRIT,
MIND & BODY
THROUGH
SPORTS

Parent Information

Volunteer Coaches

Premier Skills Clinic

Schedules

Field Status

All Fields are Open

As of Tue Aug 15

VIEW ALL FIELD LOCATIONS

Text Message Alerts Field Directions

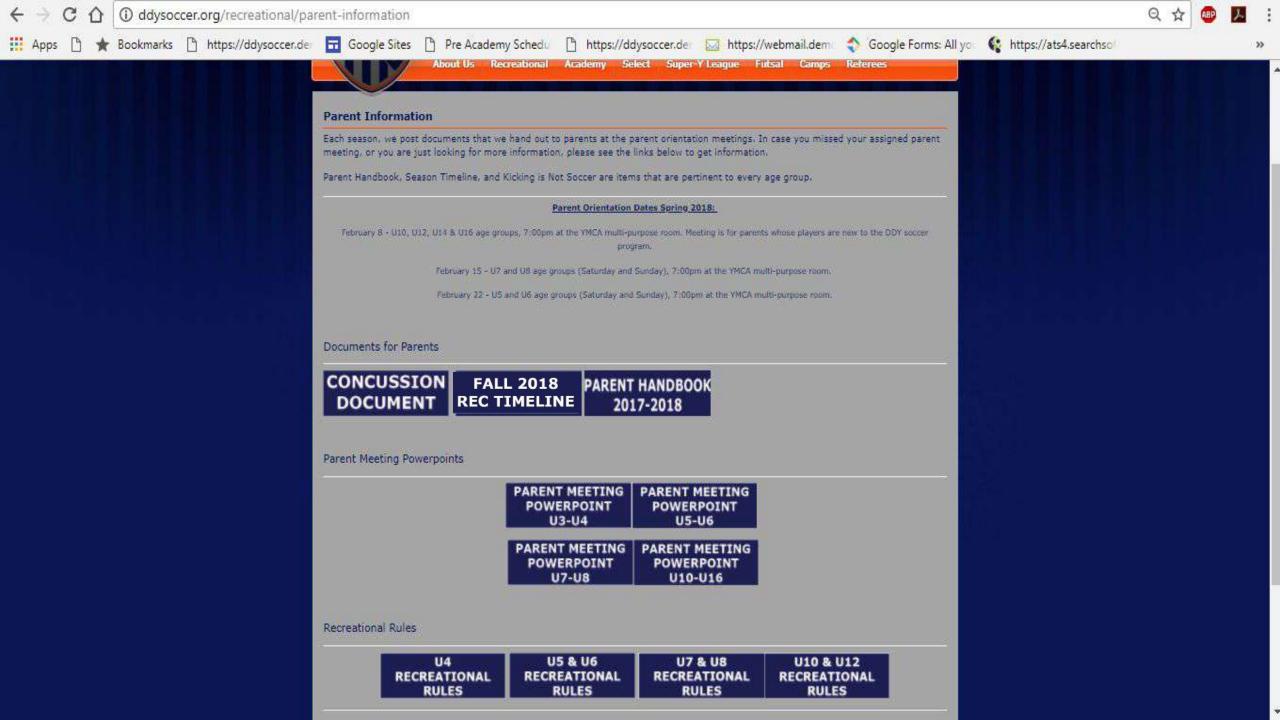
Upcoming Events

NEVER MISS A GAME!

& INTERNATIONAL GAME DATES AND TV AIR TIMES



CLICK HERE FOR REGISTRATION INFORMATION



Volunteer Coaches



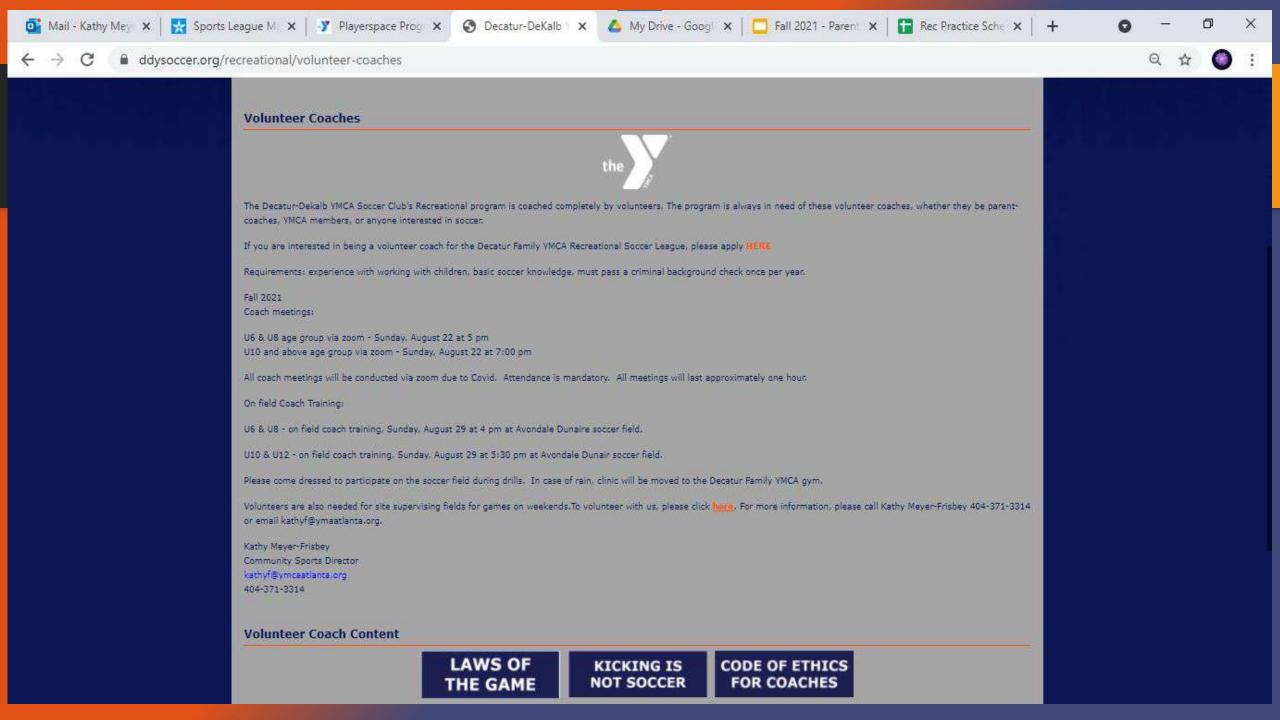
All YMCA soccer coaches are volunteers. All coaches are required to pass a criminal background check in order to coach for the YMCA. They must also apply for the volunteer coach position on the Metro Atlanta YMCA site.



All coaches are volunteers so please help them by notifying them if your child can not attend a practice or a game or will be late to a practice or game.

Offer to help your coach as well.

We are in need of more coaches for this season. If you are interested or know of anyone who might be, please contact Kathy Frisbey or the soccer office.



PlayerSpace



PlayerSpace is a sports software that the Metro Atlanta YMCA purchased for all participants of YMCA sports.

What does this mean for you? Convenience, Communication, and more Enjoyment!

- Convenient 24/7 online access to league information such as schedules, practice times, team information, standings and event specifics.
- You will receive emails from PLAYERSPACE as to updates on important sports program information including schedule changes, practice times, and even new league registration announcements.
- Post and share pictures and videos with league participants as well as family and friends.
- Convenient access to your private PLAYERSPACE e-mail where all league communication can be viewed at any time.

PlayerSpace



What does this mean you need to do? Just a few easy things:

- Add notifications@playerspace.com to your email service's safe sender list.
- After you have been registered for a sports program be sure to log into to your new PLAYERSPACE account at www.playerspace.com
- Add your profile picture
- Edit your information as you see necessary.
- Don't forget to get the PlayerSpace app for your phone!

PlayerSpace

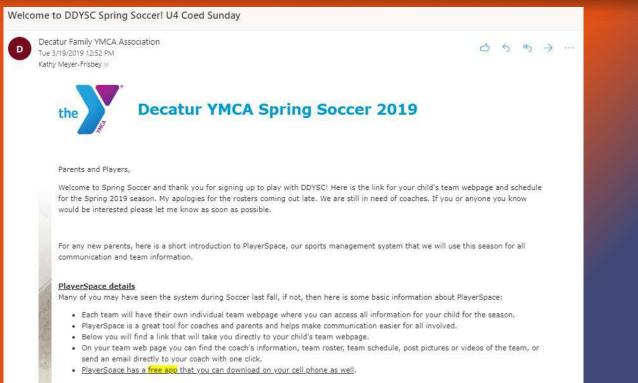


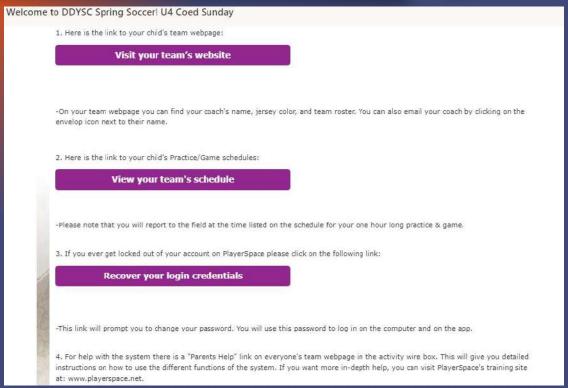
What if I have problems viewing or accessing information? It's usually something very simple!

- 99% of all registration problems come in 2 forms:
- Outdated Internet Browsers Just be sure to use the latest version of Google Chrome, Firefox, Internet Explorer, or Opera
- Forgot Password Once you've created an account you'll need your e-mail address and the password you set up for future access to the system. Simply click the Forgot Password link to recover it.

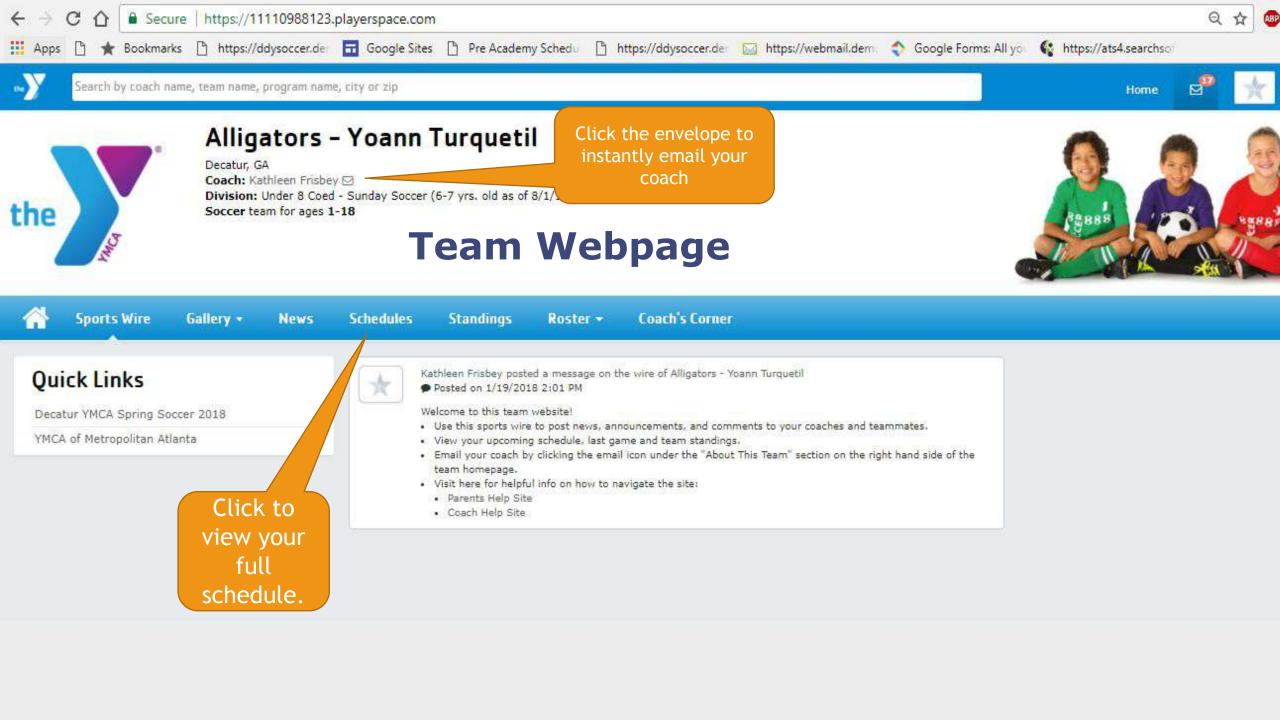
Welcome Email - with link to Team website

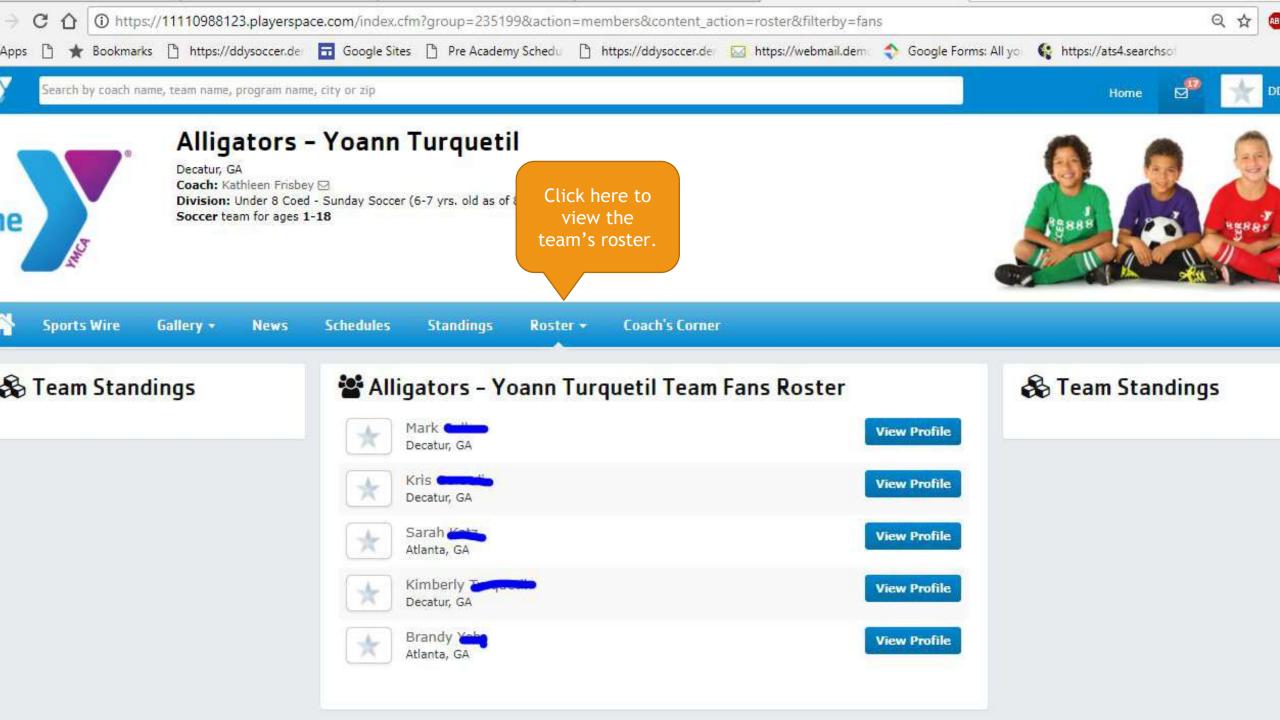


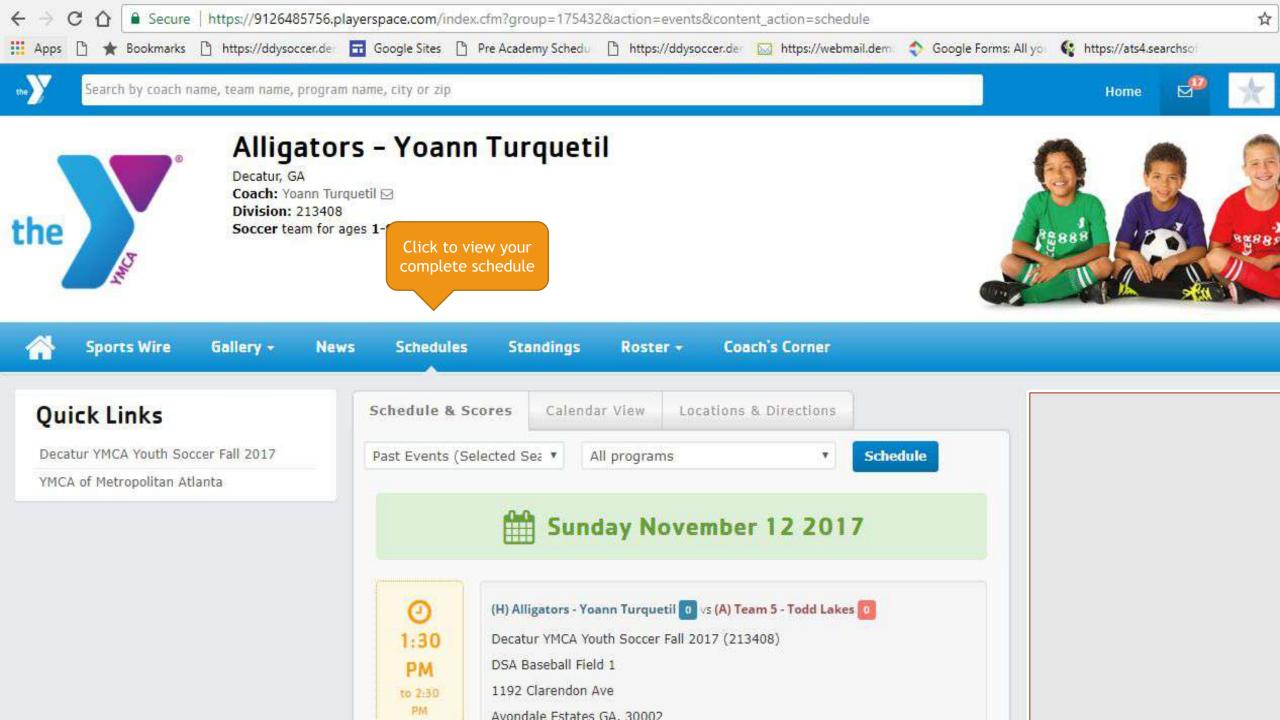


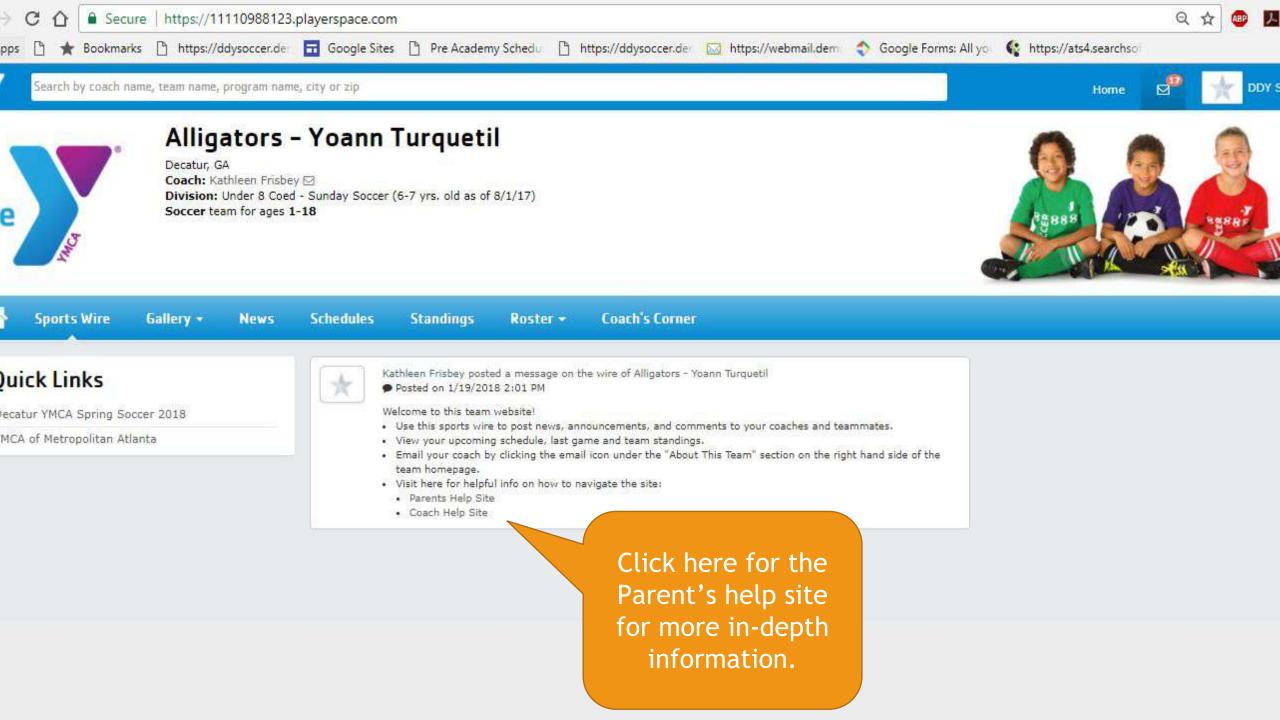


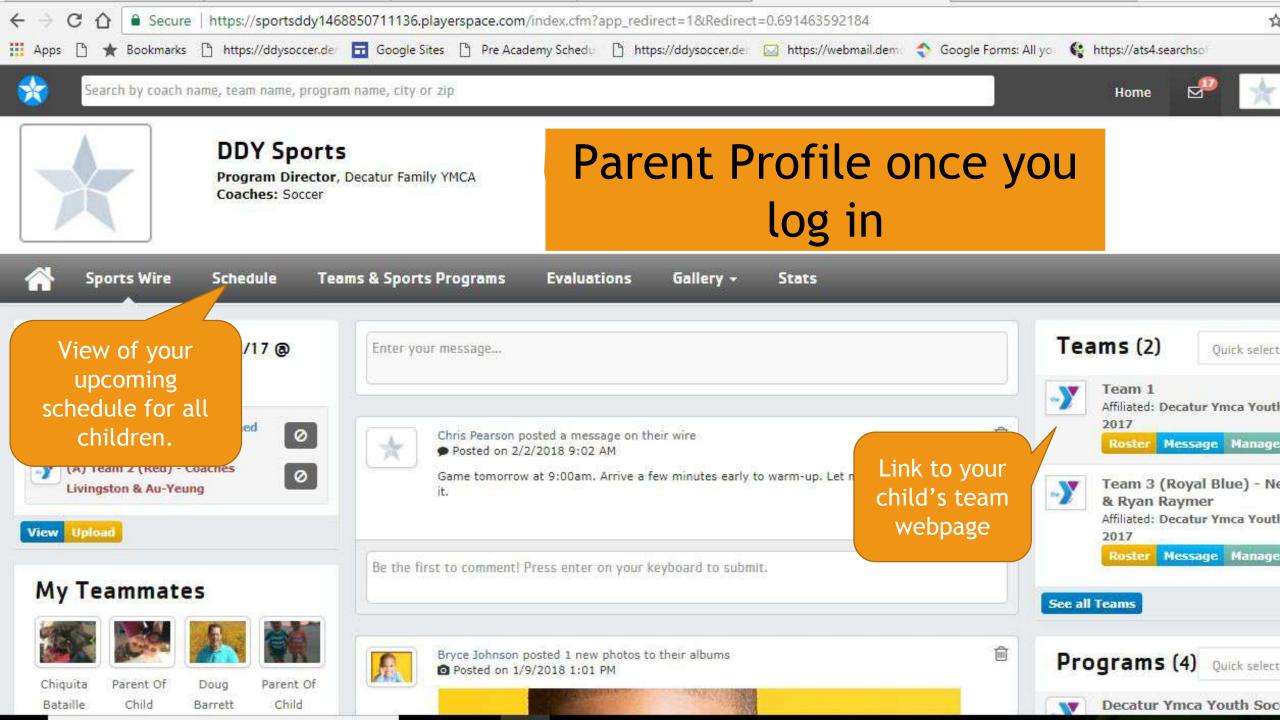
You will receive a welcome email like this with links to your child's team webpage.

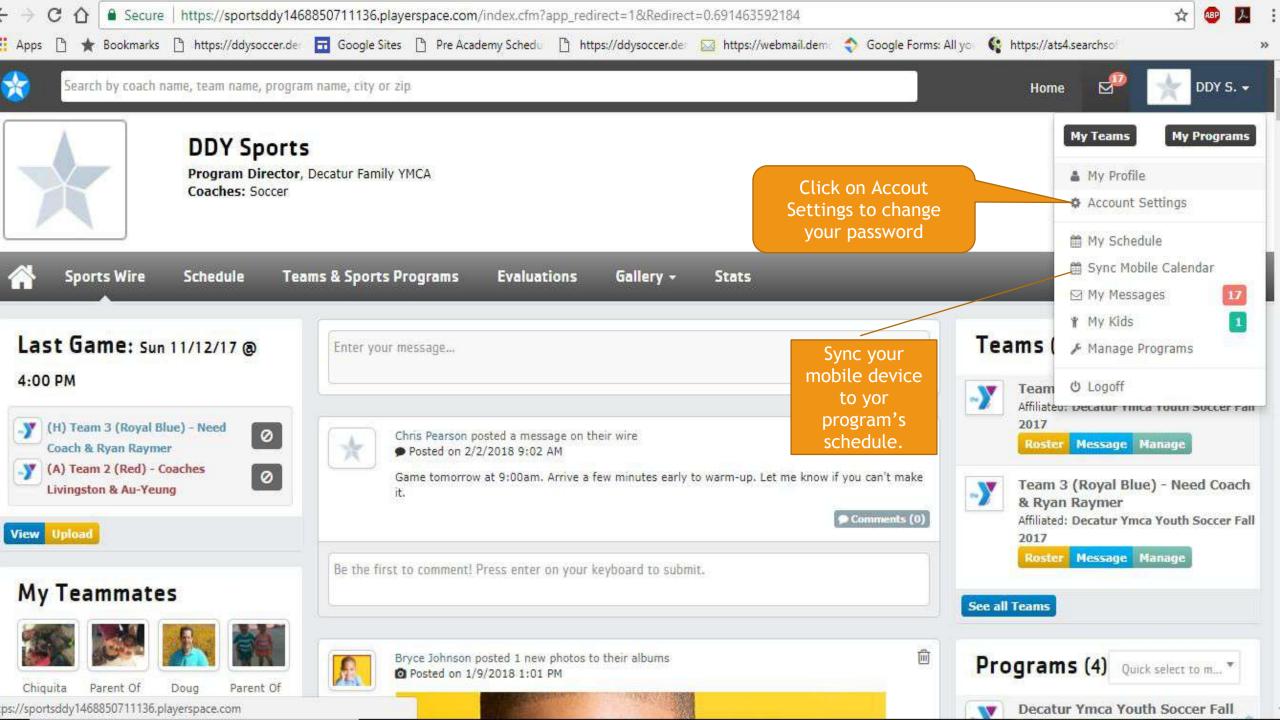


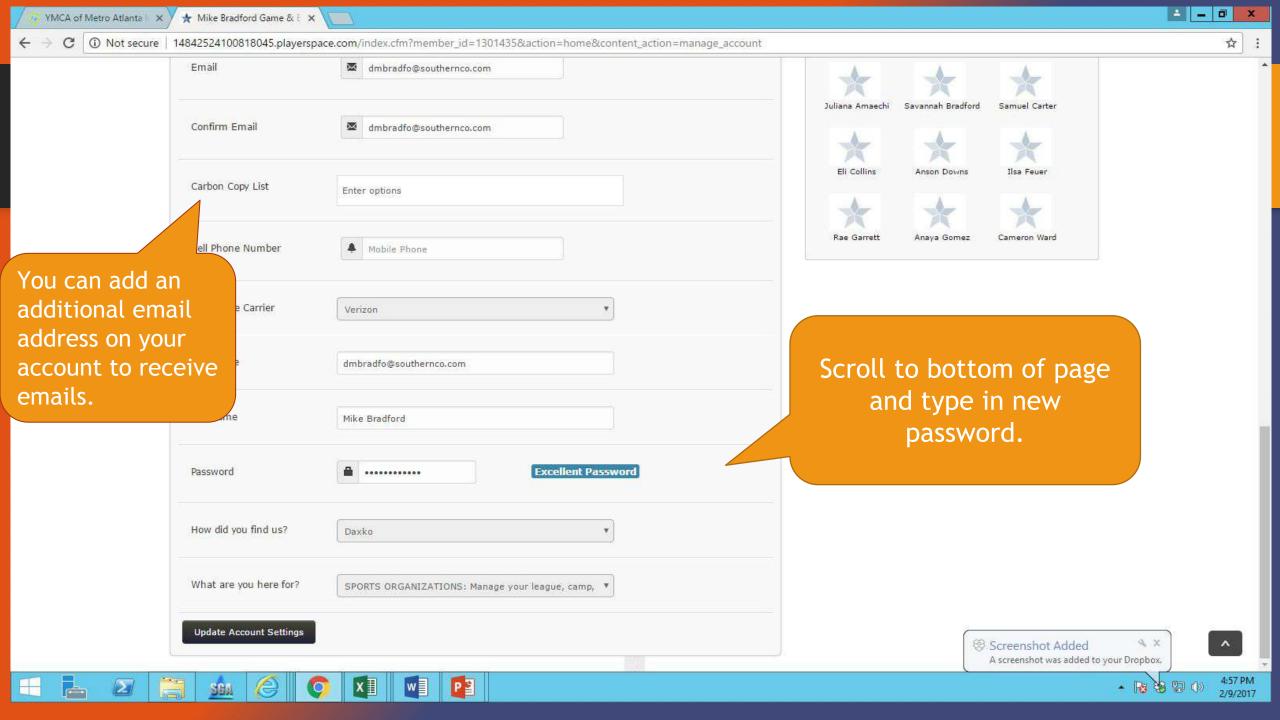








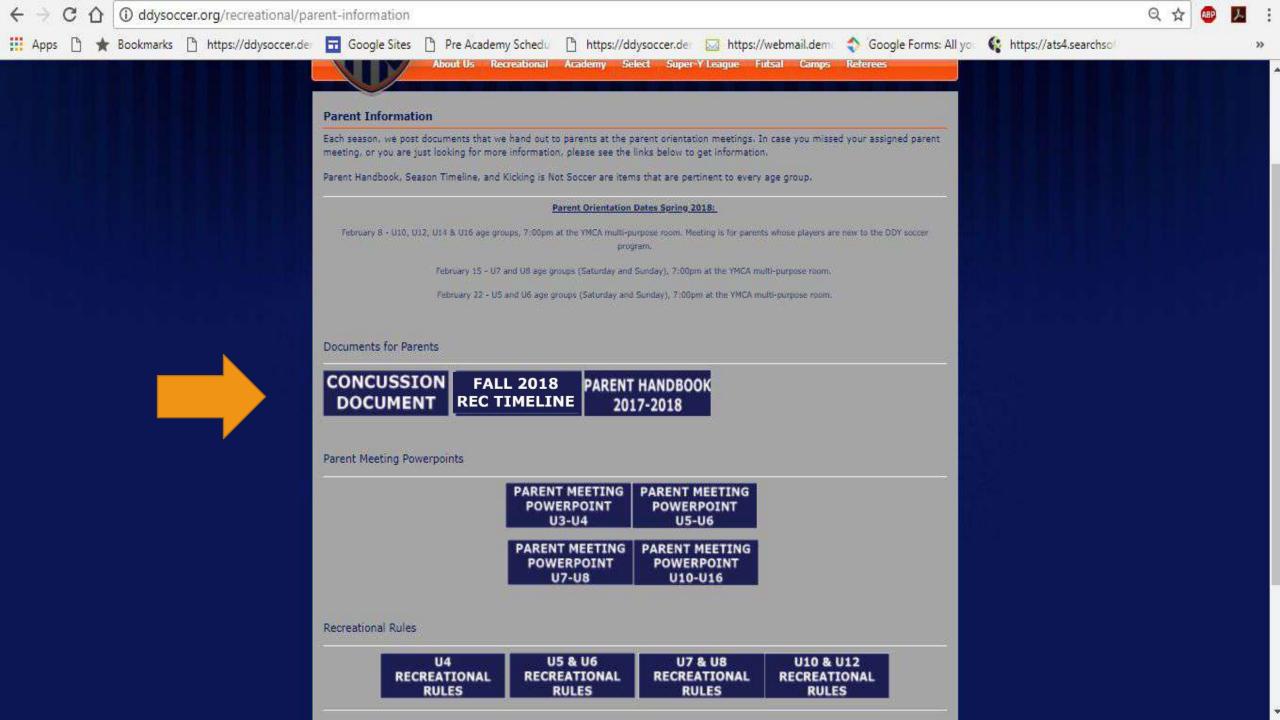




Risk Management



- What is a Concussion?
- Signs & symptoms of a concussion
- What should parents do if they suspect their child has a concussion?
- Rules for returning to play after a concussion.
- You can find the Document on our DDY website under Recreational - Parent Information tab. The document is in the Concussion Information button.



Concussion



WHAT IS A CONCUSSION?

A concussion is a brain injury. Concussions are caused by a bump or blow to the head. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

You can't see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If your child reports any symptoms of concussion, or if you notice the symptoms yourself, seek medical attention right away.

WHAT ARE THE SIGNS AND SYMPTOMS OF A CONCUSSION?

Signs Observed by Parents or Guardians

If your child has experienced a bump or blow to the head during a game or practice, look for any of the following signs and symptoms of a concussion:

- · Appears dazed or stunned
- · Is confused about assignment or position
- · Forgets an instruction
- . Is unsure of game, score, or opponent
- · Moves clumsily
- · Answers guestions slowly
- · Loses consciousness (even briefly)
- . Shows behavior or personality changes
- . Can't recall events prior to hit or fall
- · Can't recall events after hit or fall

Symptoms Reported by Athlete

- · Headache or "pressure" in head
- · Nausea or vomiting
- · Balance problems or dizziness
- · Double or blurry vision
- Sensitivity to light
- · Sensitivity to noise
- · Feeling sluggish, hazy, foggy, or groggy
- · Concentration or memory problems
- Confusion
- · Does not "feel right"

HOW CAN YOU HELP YOUR CHILD PREVENT A CONCUSSION OR OTHER SERIOUS BRAIN INJURY?

Every sport is different, but there are steps your children can take to protect themselves from concussion.

- Ensure that they follow their coach's rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship
 at all times.
- Make sure they wear the right protective equipment for their activity. Protective equipment should fit properly, be well maintained, and be worn consistently and correctly.

WHAT SHOULD YOU DO IF YOU THINK YOUR CHILD HAS A CONCUSSION?

- Seek medical attention right away. A health care professional will be able to decide how serious the concussion is and when it is safe for your child to return to sports.
- 2. Keep your child out of play. Concussions take time to heal. Don't let your child return to play the day of the injury and until a health care professional says it's OK. Children who return to play too soon—while the brain is still healing—risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.
- 3. Tell your child's coach about any recent concussion. Coaches should know if your child had a previous concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell the coach.

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or joilt to the head or body s/he exhibits any of the following danger signs:

- · One pupil larger than the other
- · Is drowsy or cannot be awakened
- A headache that not only does not diminish, but gets worse
- · Weakness, numbness, or decreased coordination
- · Repeated vomiting or nausea
- · Slurred speech
- · Convulsions or seizures
- . Cannot recognize people or places
- · Becomes increasingly confused, restless, or agitated
- · Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

Remember

Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says site is symptom-free and it's OK to return to play.

Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

It's better to miss one game than the whole season. For more information on concussions, visit: www.cdc.gov/Concussion.

Rules- U6 age group



- Size 3 balls will be used for games.
- Play will consist of 3 vs. 3 with no goalkeepers.
- Coaches are allowed on the field during games. A coach from each respective team will be on each half of the field and both coaches will act as officials for the game.
- Each game will be divided into four (4) quarters of eight (8) minutes each. Coaches will substitute players every four (4) minutes; substitutions should be completed with one (1) minute. When substitutions are made at each 4 minute interval, all players on the field of play should be substituted; this will prevent any player from being out for an entire quarter.
- Halftime will be 5 minutes in length.
- Defending players will not be allowed in the goal box area without attempting to play the ball. This rule is designed to discourage players from "guarding the goal" since goalkeepers are not used at the age level. Please do not allow players to stand in the goal box when the ball is not in the area.

Rules - U6 age group



- Players are no longer allowed to head the ball during practice or games.
- Individual game scores will not be kept as well as win-lost records.
- U6 age group will use the "New Ball" Method during the game. No throw-in's or corner kicks will be used during the New Ball method. Instead when a ball travels out of bounds, a coach or parent will announce "new ball" to the players and will gently roll a new ball onto the playing field. This will allow the players to have more touches during a game. Coaches must have parent volunteers on the sidelines to help shag balls and help throw balls into the players.
- During the New Ball method coaches should try to throw a ball onto the field near a player that has not had a chance to touch a ball. This will help allow all players a chance to touch the ball whether they are aggressive or not. Also the coach should throw a ball towards the goal of a team that has not scored yet to help the team be successful, especially if the other team has scored several goals. The New Ball method is used to help promote the basics of the game; dribbling and passing.

Rules- U8 age group



U8 Rules:

- Team listed first will be considered the home team and will wear the navy jersey. The away team will wear the orange jersey.
- Size 3 balls will be used for games, game balls will be provided by the home team.
- Play will consist of 4 vs. 4. There will be 4 field players, no goalkeepers. The minimum number of players to begin a game will be one less than the number required on the field, 3 players.
- Each game will be divided into 4 quarters of 12 minutes each. Coaches will substitute players every 6 minutes; substitution should be completed within one minute. When substitutions are made at each 6 minute interval, all players on the field of play should be substituted; this will prevent any player from being out for an entire quarter. The referee will notify coaches when they can substitute.
- Offside will not be called for this age group.

Rules - U8 Age Group

- Defending players will not be allowed in the goal box area without attempting to play the ball. This rule is designed to discourage players from "guarding the goal" since goalkeepers are not used at the age level. Please do not allow players to stand in the goal box when the ball is not in the area.
- A ¾ line will be on both sides of the field near the halfway line. When the ball is in the defending team half of the field, all offensive players must be in front of the team's ¾ line. This is to help the goaltending issues discussed above.
- Play out line the ¾ line will be used to keep defensive players behind the line while the offensive team delivers a goal kick and moves the ball to the line. This is teaching the players to play the ball out of the back field.
- Kick-ins: Kick-ins will be used for the U8 age group to restart the ball when the player kicks it out of bounds. The ball will be kicked-in in place of a throw-in.
- Balls out-of-bounds on the end lines for the offensive team will be a corner kick.
 Normal soccer rules apply.
- Ball out-of-bounds on the end lines for the defensive team will be a goal kick.
- Heading is not allowed for players under the age of 12 years old per US Soccer.

We ask that you:



- Players, aged 3-12, must wear a mask to and from the field. Once they are on the field then they may remove the mask. Players have the choice to wear a mask while playing. Players over the age of 12, who are vaccinated, do not have to wear a mask.
- No benches will be available for players or spectators. Players must bring their own chair for the sideline.
- Players will not be allowed to high five or shake hands with other players.
- Please refrain from coaching on the sideline. Leave the coaching to the coach.
- Exhibit good sportsmanship and make the other team feel welcome.
- Please do not yell at the referees or make negative comments to them. They are all young and learning just like your son or daughter. They need encouragement and positive comments to help them become better and stronger referees.
- Have fun!

Questions?







