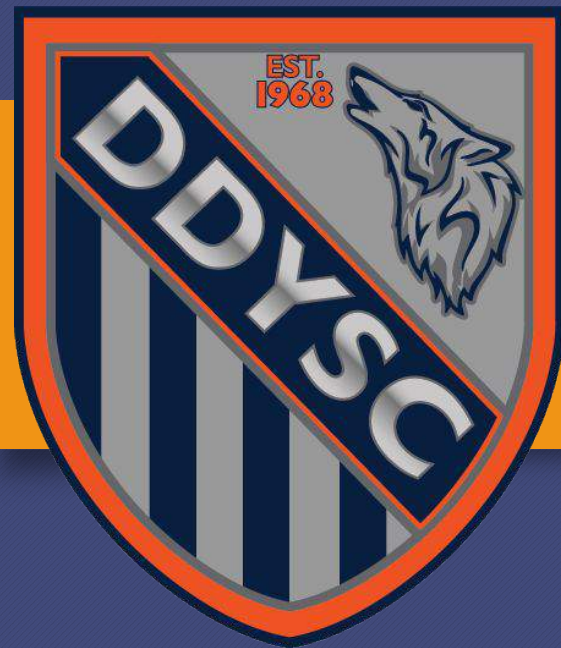


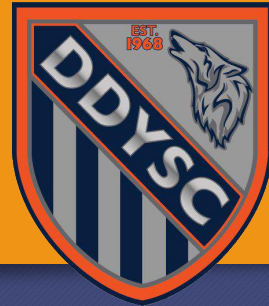


# Decatur Family YMCA Soccer Parents Meeting

**U3 and U4 Age group**



# Welcome- Meet Us



- Community Sports Director: Kathy Frisbey, 404-371-3314
- Program Support Specialist: Raven Faison, 404-371-3300

Visit our soccer website at:  
[www.ddysoccer.org](http://www.ddysoccer.org)





# DDYSC- Celebrating 50+ Years of Soccer!



Come join the oldest Youth Soccer program in the State of Georgia!

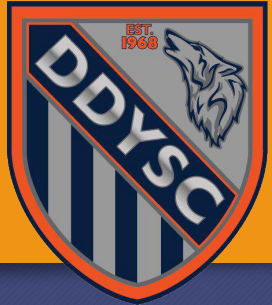
Decatur-DeKalb YMCA started the first Youth Soccer program in Georgia in 1968 and has since been one of the leaders in Youth Soccer in the Atlanta area. We have three generations of families who have participated in the Decatur-DeKalb YMCA Youth Soccer Program over the past 50 years.

We offer a full service soccer program:

- Ages 2 - 18 years old
- We offer soccer programs for all levels of play. Recreational, Academy, & Select programs.
- Year round program: Fall & Spring Outdoor seasons, Futsal indoor soccer in the winter, summer rec soccer, and soccer camps and clinics in the summer.



# Our Mission

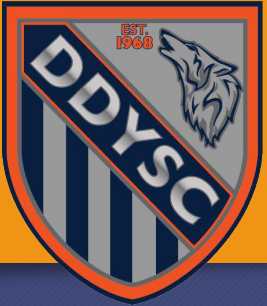


- The DDY Recreational Soccer -(Rec) Soccer Program provides an opportunity for young people in our community to develop healthy life skills and team skills through active participation in the beautiful game of soccer.
- **Our core values are teamwork, fairness and communication, while nurturing a positive environment to strive for excellence.**



# Agenda

- Return To Play Guidelines
- Age overview
- Season Timeline
- Practices/Games & Locations
- What to bring to practices/  
games
- Volunteer Coaches
- DDY website - how to navigate
- PlayerSpace sports program
- Risk Management
- Questions







# RETURN TO PLAY GUIDELINES

MINIMUM REQUIREMENTS // YMCA OF METRO ATLANTA

## HEALTH AND SAFETY PROTOCOLS

This document is to be used as the governance for the minimum requirements for all sports at the YMCA of Metro Atlanta as of December 2021 and until further notice of a change is provided by the YMCA.

### NON-NEGOTIABLE SAFETY PROTOCOLS

**Waiver:** A waiver must be completed for each player, coach and volunteer before returning to play.

**Hand sanitizer:** The YMCA will provide sanitization stations for hand sanitizing, however, we also ask all players to bring hand sanitizer for personal use as a backup.

**Minimize physical touching between players and coaches:** All players and coaches should avoid high fives, handshakes, huddles, or other types of physical touching.

**Staff, coaches and volunteers must wear masks at all times:** Any other adults interacting with the players or coaches during a training session, practice or game are required to wear appropriate face masks.

**Players under age 12 must wear a mask until the start of practice/game:** For players 12 & over, masks are recommended anytime that they are not in active practice or gameplay. Players will also be allowed to wear masks during practice or games, but this will be a personal choice of the player's parent or guardian.

**Parents and observers ages 12 & up are recommended to wear a mask:** Children under 12 are required to wear a mask.

**Parents and observers must social distance during training sessions, practices and games:** Parents and other observers must social distance from any person not living in their household during training sessions, practices and games – whether indoor or outdoor.

**Parents and observers may or may not be allowed to accompany their player in indoor facilities:** based on capacity which is determined by the current state executive order. Some YMCAs may request spectators to remain in their vehicle (or in another designated location outside of the YMCA or activity room). Each YMCA will communicate to coaches, parents and staff what is allowed regarding spectating for each specific program.

**Parents and observers may need to bring their own chairs or seating.**





**Avoid "shared" equipment:** Players should have their own alternate color training top or pinny - Pinnies should not be shared, Players should have their own ball whenever possible, water bottle, towel, etc. Participants should bring their own snacks, and there should be no shared/team snacks.

**Reduce players touching practice equipment:** The handling of all training items, i.e., cones, flags, goals, etc, will be limited to coaches. Shared equipment will be cleaned frequently.

**Avoid large gatherings or lines of players:** Coaches will avoid having players stand or assemble in lines, small groups, or huddles. Coaches will alter their training methods to incorporate appropriate social distancing (maintaining 6' distancing between players when providing instruction, etc.). Player and referee benches will be removed when possible, and players, referees and spectators will need to provide their own seating. Sideline seats will be spaced out to 6 feet apart for team members that are out of the game or practice.

**Facility structures cleaning and use:** Any facilities that are accessible during training, practices and games will be cleaned and disinfected regularly. Railing, door-handles and other surfaces that are touched frequently will also be cleaned and disinfected regularly.

**Increased signage throughout facilities and fields:** YMCAs will post signage throughout facilities and fields wherever possible to remind all players, coaches and spectators to maintain social distancing.

**Safety oversight:** YMCAs will have staff and/or contract coaches present at all facilities (indoor & outdoor) while there is training, practices or games occurring. The YMCA staff, in partnership with coaches and volunteers, will monitor fields and facilities to help maintain appropriate social distancing and enforcement of all protocols.

**Staff and coaches should monitor for symptoms:** Any coach, player, parent, referee and or spectator who is sick, has a persistent cough, is running a temperature or is displaying any symptoms suggesting that the individual may be ill, (from any contagious malady, including cold, flu, or suspected corona virus) will be prohibited from attending training or games. Any coach or administrator who sees any adult attendee who displays any of these symptoms will be asked to leave. A minor who is displaying any of these symptoms will be safely isolated until an adult responsible for the minor can remove the minor.

## WHAT IF SOMEONE GETS SICK

When the Y is made aware that a player, coach, ref or staff member has tested positive for COVID-19:

- If the Y is made aware of a positive test, communication will be sent to any potentially impacted staff, coaches, volunteers, and participants.
- The player, coach, ref or staff member will be asked to self-quarantine and will not be permitted to return until at least 10 days have passed since symptoms first appeared, at least 24 hours with no fever without fever-reducing medication, and a doctor's note or a negative COVID test has been provided.





## WHAT IF A PERSON HAS HAD DIRECT EXPOSURE TO SOMEONE WHO HAS TESTED POSITIVE FOR COVID

We ask that any person who has had direct exposure, follows the CDC guidelines below before returning to practice or games.

### What is considered direct exposure?

Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period;

- Person with COVID-19 who has symptoms (in the period from 2 days before symptom onset until they meet criteria for discontinuing home isolation; can be laboratory-confirmed or a clinically compatible illness)
- Person who has tested positive for COVID-19 (laboratory confirmed) but has not had any symptoms (in the 2 days before the date of specimen collection until they meet criteria for discontinuing home isolation)

**Note:** This is irrespective of whether the person with COVID-19 or the contact was wearing a mask or whether the contact was wearing respiratory personal protective equipment (PPE).

### Recommended Precautions for the Public

- Stay home until 10 days after last exposure and maintain social distance (at least 6 feet) from others at all times
- Self-monitor for symptoms
  - > Check temperature twice a day
  - > Watch for fever, cough, or shortness of breath, or other symptoms of COVID-19

## EDUCATION AND COMMUNICATION

**Training regarding adjustments to training sessions for coaches:** Ys will educate coaches on how to safely implement appropriate training sessions, practices and games by sport.

**Training regarding all required safety protocols for coaches:** Ys will educate coaches on all required safety protocols.

**Communication for parents & guardians:** Ys will send communication to parents and guardians prior to the first session regarding all safety requirements and protocols for the YMCA and for the sport in which their child is participating. Any updates to protocols and procedures will also be communicated.

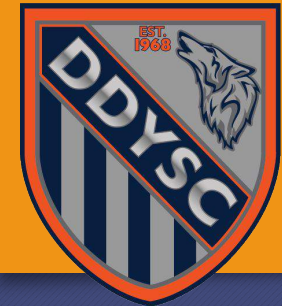
## WHAT HAPPENS NEXT?

The YMCA will continue to monitor the changing climate and adjust the return to play plan as necessary. This will involve following the guidance of our local and national governing bodies. The Y also understands that each family is dealing with varying circumstances and will be flexible and allow families to return to play as they feel comfortable. The YMCA will communicate any changes to our return to play guidelines as they occur.





# Season Timeline- U3 and U4 (SAT & SUN)



## SATURDAY LEAGUE

- Team Rosters & Schedules Available on Player Space: 3/11-12
- Practices/Games Starts: 3/19
- Season Ends: 5/7
- Rainout date 5/14

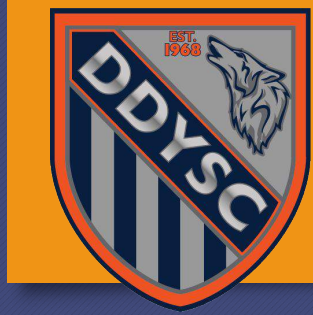
## SUNDAY LEAGUE

- Team Rosters & Schedules Available on Player Space: 3/12-13
- Practice/Games Starts: 3/20
- Season Ends: 5/8
- Rainout date 5/15
- No Practices or Games, 4/2, 4/3, & 4/9 for Spring break
- No practice or game, 4/17 for Easter





# Practice, Games, & Location!



## SATURDAY:

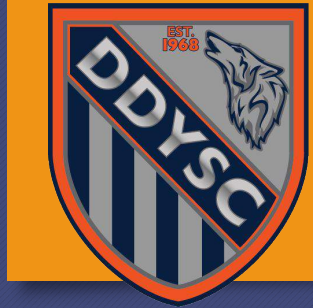
- U4 -Practice/games will last one hour. Teams will practice for the first 30 minutes, then will play a game for 30 minutes.
- U3 - Practice will last approximately 30 - 45 minutes. Scrimmages will be attempted for the last 5-10 minutes during the second half of season.
- Both - Practice/Game Location will be held at Winnona Park Elementary School, 510 Avery Street, Decatur.
- U4 - Practice/Game time will be between 9 am and 12 noon each week.
- U3 - Practice time will be between 9:30 am and 11:30 am each week.

## SUNDAY:

- U4 -Practice/games will last one hour. Teams will practice for the first 30 minutes, then will play a game for 30 minutes.
- U3 - Practice will last approximately 30 - 45 minutes. Scrimmages will be attempted for the last 5-10 minutes during the second half of season.
- Both - Practice/Game Location will be held at Avondale Dunaire Soccer Field, 690 George Luther Drive, Decatur.
- U4 - Practice/Game time will be 4:00 - 5:00 pm every week.
- U3 - Practice time will be 3:30 -4:15 pm every week.



# What to Bring & Uniforms!



- **Players should bring to all practices/games:**
  - Soccer ball (size 3)
  - Shin guards  
(Socks must be completely cover the shin guards)
  - Cleats or Tennis Shoes
  - Plenty of water
- **UNIFORMS: ALL PLAYERS WILL BE GIVEN A JERSEY & MATCHING SOCKS THE FIRST DAY AT THE FIELD.** Players can wear their own shorts or sweatpants. Each team will be a different color.



\* For Parents, Please bring a chair or something to sit on.



# Volunteer Coaches



All YMCA soccer coaches are volunteers. All coaches are required to pass a criminal background check in order to coach for the YMCA. They must also apply for the volunteer coach position on the Metro Atlanta YMCA site.



All coaches are volunteers so please help them by notifying them if your child can not attend a practice or a game or will be late to a practice or game. Offer to help your coach as well.

We are in need of more coaches for this season. If you are interested or know of anyone who might be please contact Kathy Frisbey or the soccer office.












# Website

Mail - Kathy Meyer x Sports League M x Playerspace Pro x Decatur-DeKalb x My Drive - Google x Fall 2021 - Parent x Rec Practice Sche x +

ddysoccer.org



**DDYSC WOLVES**

LOGIN REGISTER   


     

ABOUT US RECREATIONAL ACADEMY SELECT SCCL SUMMER LEAGUE FUTSAL CAMPS REFEREES

**CONGRATS TO OUR PLAYERS**  
**PROVIDING A PATHWAY TO THE PROS**

  **REP ATL UTD**

**CLICK HERE TO REGISTER!**  
Fall 2021 Rec Soccer



**Field Status**

**Field Closures**  
As of 11:29 am EST, Fri Aug 20

- Boys and Girls Club - All Fields
- Charles R. Drew Charter School - All Fields
- DeKalb School of the Arts - All Fields
- Mason Mill Park - All Fields
- WD Thompson Park - All Fields

**VIEW ALL FIELD LOCATIONS**

Text Message Alerts  
Field Directions

Type here to search

90°F 4:32 PM 8/23/2021





# DDYSC WOLVES

WE ARE WHO WE ARE

[About Us](#)[Recreational](#)[Academy](#)[Select](#)[SCCL Summer League](#)[Futsal](#)[Camps](#)[Referees](#)

## Field Status

**All Fields are Closed**

As of 2:04 pm EST, Mon Feb 24

[VIEW ALL FIELD LOCATIONS](#)

Text Message Alerts  
Field Directions

## Upcoming Events

### Agenda

- CSD Winter Break – Training Sessions for play  
Thursday, February 20
- CSD Winter Break – Training Sessions for play  
Friday, February 21
- CSD Winter Break – Training Sessions for play  
Saturday, March 7



[About Us](#)[Recreational](#)[Academy](#)[Select](#)[SCCL Summer League](#)[Futsal](#)[Camps](#)[Referees](#)

## Field Closure Text Alerts



### Don't get left out in the rain!

Stay on top of field closures by signing up for text message alerts through Demosphere.

### Signup for Texts from Decatur-DeKalb YMCA Soccer

Mobile Phone:

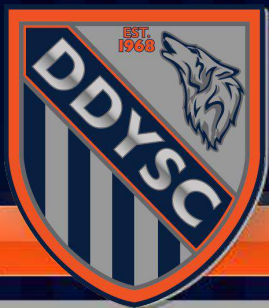
Mobile Carrier:

☐ I agree to the [Terms of Service](#). *Message and data rates may apply.*

A validation code will be sent to the phone number above. On the next page you will be prompted for the validation code.

Sign Up!





# DDYSC WOLVES

WE ARE WHO WE ARE



[About Us](#) | [Recreational](#) | [Academy](#) | [Select](#) | [Super-Y League](#) | [Futsal](#) | [Camps](#) | [Referees](#)



## OPEN FIELDS

As of 2:00 pm EST, Wed Jan 20

|  |                                       |                                       |
|--|---------------------------------------|---------------------------------------|
| Avondale Dunaire Field 1                   | Avondale Dunaire Field 2              | Boys and Girls Club Practice Field    |
| Columbia Theological Seminary Field 1      | Columbia Theological Seminary Field 2 | Columbia Theological Seminary Field 3 |
| Columbia Theological Seminary Field 4      | Columbia Theological Seminary Field 5 | Columbia Theological Seminary Field 6 |
| DeKalb School of the Arts 1                | DeKalb School of the Arts 2           | DeKalb School of the Arts 3           |
| DeKalb School of the Arts 4                | DeKalb School of the Arts 5           | DeKalb School of the Arts 6           |
| DeKalb School of the Arts 7                | DeKalb School of the Arts 8           | Deepdene Park Main Field              |
| Ebster Field Field 1                       | Emory Grove Main Field                | ICS Main field                        |
| Indian Creek Elem A                        | Indian Creek Elem B                   | Indian Creek Elem Full field          |
| Mason Mill Park Practice Field             | Pattillo Park Field 1                 | Pattillo Park Field 2                 |
| United Methodist Childrens Home All Fields | Wade Walker Park Field 2              | Wade Walker Park Field 10             |
| Winnona Park Elementary Field 1            | Winnona Park Elementary Field 2       | Winnona Park Elementary Field 3       |
| Winnona Park Elementary Field 4            | Winnona Park Elementary Field 5       | Winnona Park Elementary Field 6       |

### Directory of Field Complexes

[A](#) | [B](#) | [C](#) | [D](#) | [E](#) | [I](#) | [M](#) | [P](#) | [U](#) | [W](#) | [All](#)

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# DDYSC WOLVES

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REGISTER NOW FOR FALL

KIDS  
DEVELOPING  
SPIRIT,  
MIND & BODY  
THROUGH  
SPORTS

CLICK HERE FOR REGISTRATION INFORMATION

[Registration](#)[Recreational Uniforms](#)[Age Groups / Locations](#)[Parent Information](#)[Volunteer Coaches](#)[Premier Skills Clinic](#)[Schedules](#)

RECREATION SOCCER

## Field Status

**All Fields are Open**

As of Tue Aug 15

[VIEW ALL FIELD LOCATIONS](#)

Text Message Alerts  
Field Directions

## Upcoming Events

**NEVER MISS A GAME!**

**CLICK HERE FOR MLS  
& INTERNATIONAL GAME  
DATES AND TV AIR TIMES**







## AGE GROUPS/LOCATIONS

| AGE GROUP/DAY               | LOCATION                       | PRACTICES/GAMES   |
|-----------------------------|--------------------------------|---|
| U3 COED SATURDAY            | WINNONA PARK ELEMENTARY SCHOOL | 45 MINUTE SATURDAY MORNING PRACTICE & SCRIMMAGES                          |
| U3 COED SUNDAY              | AVONDALE DUNAIR SOCCER FIELD   | 45 MINUTE SUNDAY AFTERNOON PRACTICE & SCRIMMAGES                          |
| U4 COED SATURDAY            | WINNONA PARK ELEMENTARY SCHOOL | 60 MINUTE SATURDAY MORNING PRACTICE & GAMES                               |
| U4 COED SUNDAY              | AVONDALE DUNAIR SOCCER FIELD   | 60 MINUTE SUNDAY AFTERNOON PRACTICE & GAMES                               |
| U6 COED SATURDAY            | COLUMBIA SEMINARY SOCCER FIELD | NO WEEKNIGHT PRACTICES<br>SATURDAY GAMES WITH PRACTICE PRIOR TO GAME TIME |
| U6 COED SUNDAY              | AVONDALE DUNAIR SOCCER FIELD   | NO WEEKNIGHT PRACTICES<br>SUNDAY GAMES WITH PRACTICE PRIOR TO GAME TIME   |
| U8 GIRLS/BOYS/COED SATURDAY | COLUMBIA SEMINARY SOCCER FIELD | ONE PRACTICE PER WEEK<br>GAME ON SATURDAY                                 |
| U8 GIRLS/BOYS/COED SUNDAY   | AVONDALE DUNAIR SOCCER FIELD   | NO WEEKNIGHT PRACTICES<br>SUNDAY GAMES WITH PRACTICE PRIOR TO GAME        |
|                             |                                |   |

[Volunteer](#)[Parent Info.](#)[Registration Info.](#)





# DDYSC WOLVES

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KIDS  
DEVELOPING  
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Upcoming Events

NEVER MISS A GAME!

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& INTERNATIONAL GAME  
DATES AND TV AIR TIMES







## Parent Information

Each season, we post documents that we hand out to parents at the parent orientation meetings. In case you missed your assigned parent meeting, or you are just looking for more information, please see the links below to get information.

Parent Handbook, Season Timeline, and Kicking is Not Soccer are items that are pertinent to every age group.

### Parent Orientation Dates Spring 2018:

February 8 - U10, U12, U14 & U16 age groups, 7:00pm at the YMCA multi-purpose room. Meeting is for parents whose players are new to the DDY soccer program.

February 15 - U7 and U8 age groups (Saturday and Sunday), 7:00pm at the YMCA multi-purpose room.

February 22 - U5 and U6 age groups (Saturday and Sunday), 7:00pm at the YMCA multi-purpose room.

### Documents for Parents

**CONCUSSION  
DOCUMENT**

**FALL 2018  
REC TIMELINE**

**PARENT HANDBOOK  
2017-2018**

### Parent Meeting Powerpoints

**PARENT MEETING  
POWERPOINT  
U3-U4**

**PARENT MEETING  
POWERPOINT  
U5-U6**

**PARENT MEETING  
POWERPOINT  
U7-U8**

**PARENT MEETING  
POWERPOINT  
U10-U16**

### Recreational Rules

**U4  
RECREATIONAL  
RULES**

**U5 & U6  
RECREATIONAL  
RULES**

**U7 & U8  
RECREATIONAL  
RULES**

**U10 & U12  
RECREATIONAL  
RULES**



## Volunteer Coaches



The Decatur-DeKalb YMCA Soccer Club's Recreational program is coached completely by volunteers. The program is always in need of these volunteer coaches, whether they be parent-coaches, YMCA members, or anyone interested in soccer.

If you are interested in being a volunteer coach for the Decatur Family YMCA Recreational Soccer League, please apply [HERE](#)

Requirements: experience with working with children, basic soccer knowledge, must pass a criminal background check once per year.

Fall 2021

Coach meetings:

U6 & U8 age group via zoom - Sunday, August 22 at 5 pm

U10 and above age group via zoom - Sunday, August 22 at 7:00 pm

All coach meetings will be conducted via zoom due to Covid. Attendance is mandatory. All meetings will last approximately one hour.

On field Coach Training:

U6 & U8 - on field coach training, Sunday, August 29 at 4 pm at Avondale Dunair soccer field.

U10 & U12 - on field coach training, Sunday, August 29 at 5:30 pm at Avondale Dunair soccer field.

Please come dressed to participate on the soccer field during drills. In case of rain, clinic will be moved to the Decatur Family YMCA gym.

Volunteers are also needed for site supervising fields for games on weekends. To volunteer with us, please click [here](#). For more information, please call Kathy Meyer-Frisbey 404-371-3314 or email [kathyf@ymcaatlanta.org](mailto:kathyf@ymcaatlanta.org).

Kathy Meyer-Frisbey  
Community Sports Director  
[kathyf@ymcaatlanta.org](mailto:kathyf@ymcaatlanta.org)  
404-371-3314

## Volunteer Coach Content

**LAWS OF  
THE GAME**

**KICKING IS  
NOT SOCCER**

**CODE OF ETHICS  
FOR COACHES**



# PlayerSpace



PlayerSpace is a sports software that the Metro Atlanta YMCA purchased for all participants of YMCA sports.

## **What does this mean for you? Convenience, Communication, and more Enjoyment!**

- Convenient 24/7 online access to league information such as schedules, practice times, team information, standings and event specifics.
- You will receive emails from PLAYERSPACE as to updates on important sports program information including schedule changes, practice times, and even new league registration announcements.
- Post and share pictures and videos with league participants as well as family and friends.
- Convenient access to your private PLAYERSPACE e-mail where all league communication can be viewed at any time.



# PlayerSpace



What does this mean you need to do? Just a few easy things:

- Add [notifications@playerspace.com](mailto:notifications@playerspace.com) to your email service's safe sender list.
- After you have been registered for a sports program be sure to log into to your new PLAYERSPACE account at [www.playerspace.com](http://www.playerspace.com)
- Add your profile picture
- Edit your information as you see necessary.
- Don't forget to get the PlayerSpace app for your phone!

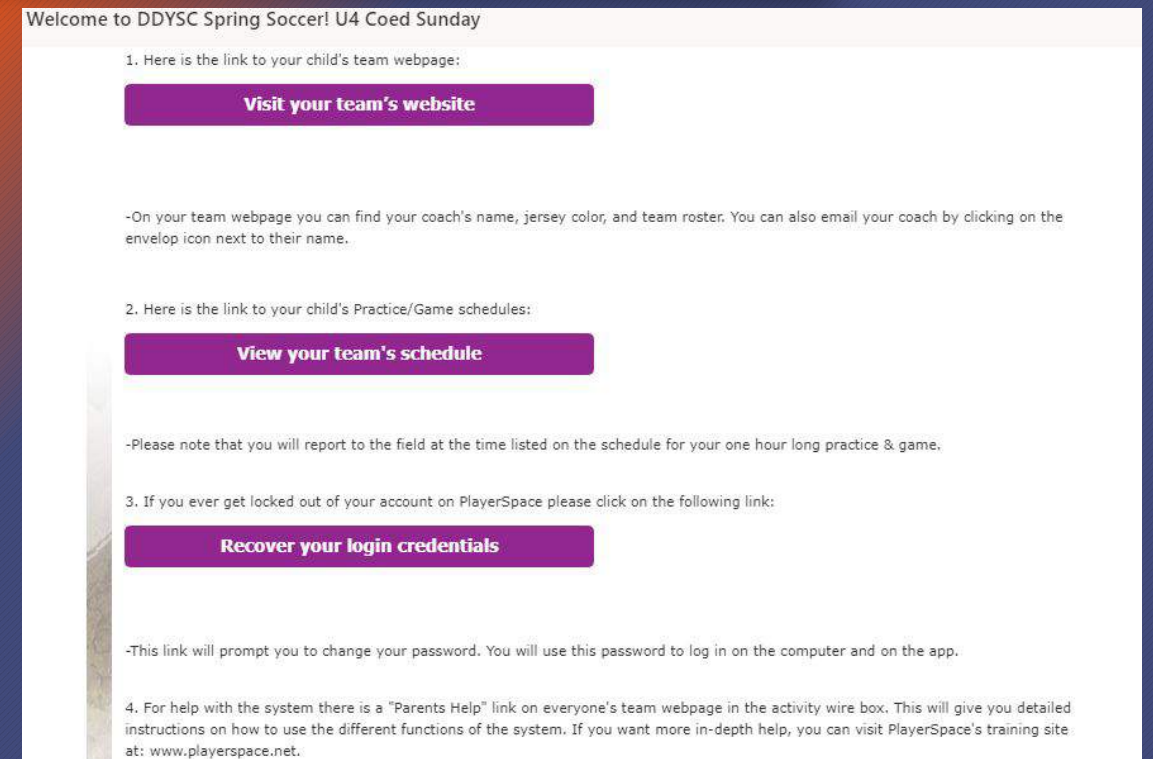
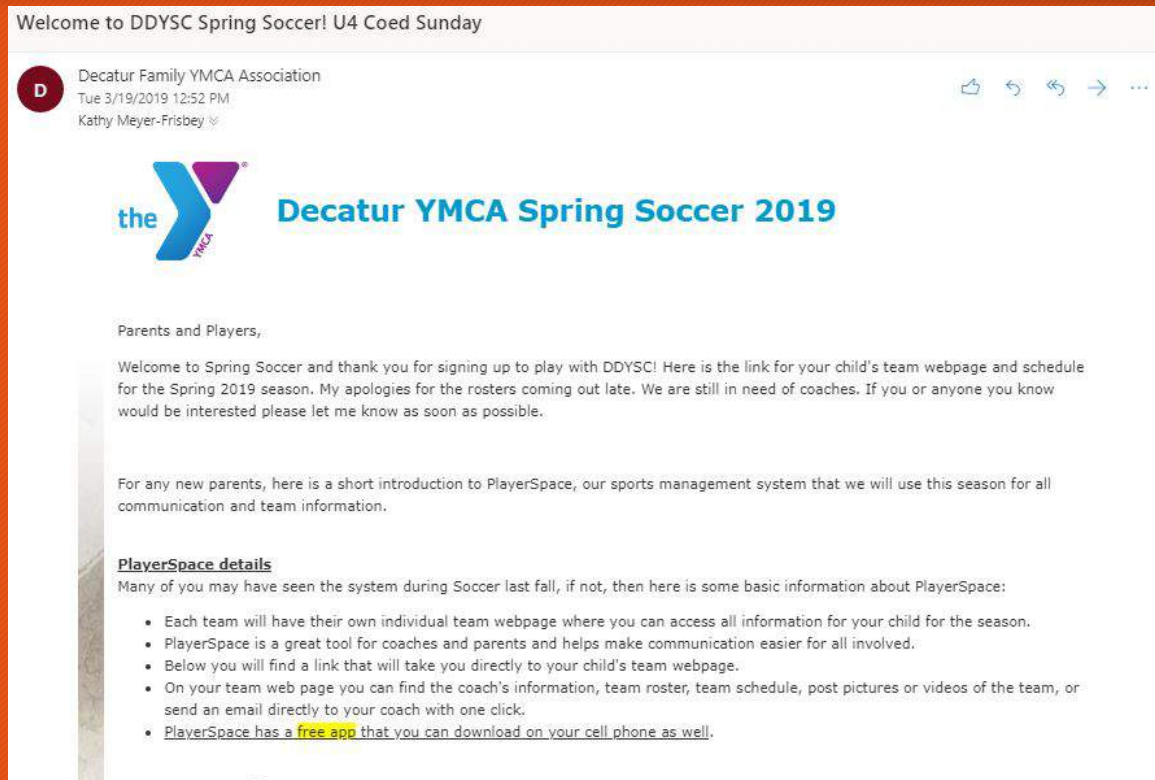


What if I have problems viewing or accessing information? It's usually something very simple!

- 99% of all registration problems come in 2 forms:
- Outdated Internet Browsers - Just be sure to use the latest version of Google Chrome, Firefox, Internet Explorer, or Opera
- Forgot Password - Once you've created an account you'll need your e-mail address and the password you set up for future access to the system. Simply click the **Forgot Password** link to recover it.

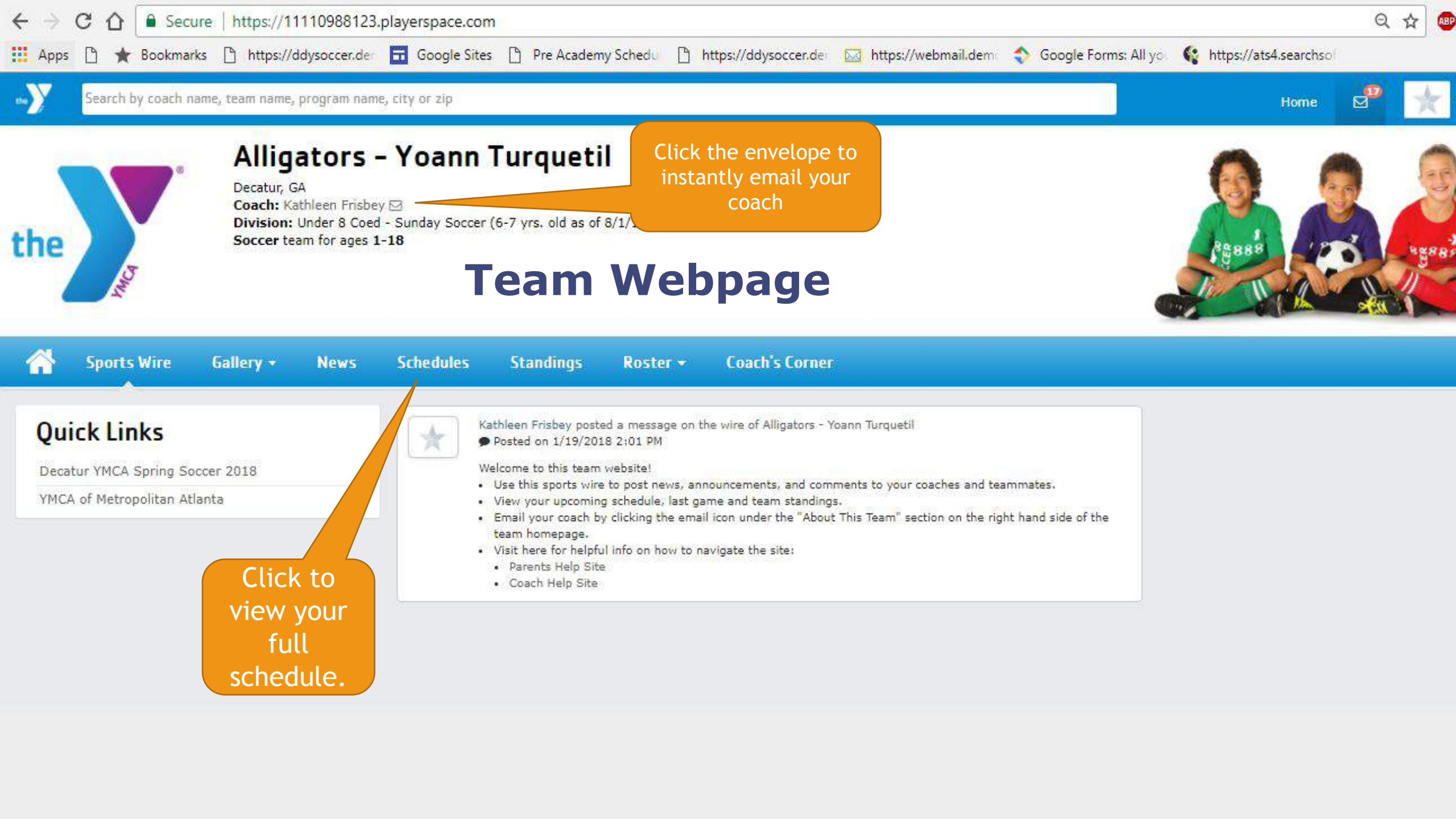


# Welcome Email - with link to Team website



**You will receive a welcome email like this with links to your child's team webpage.**





## Alligators - Yoann Turquetil

Decatur, GA

**Coach:** Kathleen Frisbey 

**Division:** Under 8 Coed - Sunday Soccer (6-7 yrs. old as of 8/1/2018)

**Soccer team for ages 1-18**

Click the envelope to  
instantly email your  
coach

# Team Webpage



Sports Wire

Gallery ▾

News

Schedules

Standings

Roster ▾

Coach's Corner

### Quick Links

Decatur YMCA Spring Soccer 2018

YMCA of Metropolitan Atlanta

Click to  
view your  
full  
schedule.



Kathleen Frisbey posted a message on the wire of Alligators - Yoann Turquetil

Posted on 1/19/2018 2:01 PM

Welcome to this team website!

- Use this sports wire to post news, announcements, and comments to your coaches and teammates.
- View your upcoming schedule, last game and team standings.
- Email your coach by clicking the email icon under the "About This Team" section on the right hand side of the team homepage.
- Visit here for helpful info on how to navigate the site:
  - Parents Help Site
  - Coach Help Site





## Alligators - Yoann Turquetil

Decatur, GA

**Coach:** Kathleen Frisbey

**Division:** Under 8 Coed - Sunday Soccer (6-7 yrs. old as of 8/1/2024)  
**Soccer team for ages 1-18**

Click here to  
view the  
team's roster.



Sports Wire

Gallery ▾

News

Schedules

Standings

Roster ▾

Coach's Corner



Team Standings



### Alligators - Yoann Turquetil Team Fans Roster



Mark [redacted]  
Decatur, GA

[View Profile](#)



Kris [redacted]  
Decatur, GA

[View Profile](#)



Sarah [redacted]  
Atlanta, GA

[View Profile](#)



Kimberly [redacted]  
Decatur, GA

[View Profile](#)



Brandy [redacted]  
Atlanta, GA

[View Profile](#)



Team Standings





## Alligators - Yoann Turquetil

Decatur, GA  
**Coach:** Yoann Turquetil  
**Division:** 213408  
**Soccer team for ages 1-**

Click to view your complete schedule



### Quick Links

Decatur YMCA Youth Soccer Fall 2017

YMCA of Metropolitan Atlanta

**Schedule & Scores** Calendar View Locations & Directions

Past Events (Selected Sea All programs **Schedule**

 **Sunday November 12 2017**

**1:30 PM**  
to 2:30 PM

**(H) Alligators - Yoann Turquetil 0 vs (A) Team 5 - Todd Lakes 0**

Decatur YMCA Youth Soccer Fall 2017 (213408)

DSA Baseball Field 1

1192 Clarendon Ave

Avondale Estates GA, 30002



Search by coach name, team name, program name, city or zip

Home



DDY S



## Alligators - Yoann Turquetil

Decatur, GA

**Coach:** Kathleen Frisbey

**Division:** Under 8 Coed - Sunday Soccer (6-7 yrs. old as of 8/1/17)

**Soccer team for ages 1-18**



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Gallery

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YMCA of Metropolitan Atlanta



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Posted on 1/19/2018 2:01 PM

Welcome to this team website!

- Use this sports wire to post news, announcements, and comments to your coaches and teammates.
- View your upcoming schedule, last game and team standings.
- Email your coach by clicking the email icon under the "About This Team" section on the right hand side of the team homepage.
- Visit here for helpful info on how to navigate the site:
  - Parents Help Site
  - Coach Help Site

Click here for the Parent's help site for more in-depth information.





## DDY Sports

Program Director, Decatur Family YMCA  
Coaches: Soccer

Parent Profile once you  
log in



Sports Wire

Schedule

Teams & Sports Programs

Evaluations

Gallery

Stats

View of your  
upcoming  
schedule for all  
children.

Enter your message...



Chris Pearson posted a message on their wire  
Posted on 2/2/2018 9:02 AM

Game tomorrow at 9:00am. Arrive a few minutes early to warm-up. Let n  
it.

Be the first to comment! Press enter on your keyboard to submit.



Bryce Johnson posted 1 new photos to their albums  
Posted on 1/9/2018 1:01 PM

Link to your  
child's team  
webpage

## Teams (2)

Quick select



### Team 1

Affiliated: Decatur Ymca Youth  
2017

Roster Message Manage



### Team 3 (Royal Blue) - Ne & Ryan Raymer

Affiliated: Decatur Ymca Youth  
2017

Roster Message Manage

See all Teams

## My Teammates



Chiquita  
Bataille



Parent Of  
Child



Doug  
Barrett



Parent Of  
Child

## Programs (4)

Quick select



Decatur Ymca Youth Soc



## DDY Sports

Program Director, Decatur Family YMCA  
Coaches: Soccer

Click on Account Settings to change your password


Sync your mobile device to your program's schedule.


can add an additional email address on your account to receive emails.

Scroll to bottom of page and type in new password.


YMCA of Metro Atlanta x Mike Bradford Game & E x

Not secure 14842524100818045.playerspace.com/index.cfm?member\_id=1301435&action=home&content\_action=manage\_account

Email  dmbrafdo@southernco.com

Confirm Email  dmbrafdo@southernco.com


Carbon Copy List

Cell Phone Number  Mobile Phone

Cell Phone Carrier

Username

Nickname

Password  ..... **Excellent Password**

How did you find us?

What are you here for?

**Update Account Settings**

Juliana Amaechi Savannah Bradford Samuel Carter

Eli Collins Anson Downs Ilse Feuer

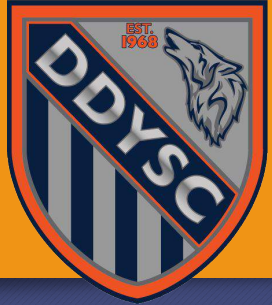
Rae Garrett Anaya Gomez Cameron Ward

Screenshot Added  
A screenshot was added to your Dropbox.

4:57 PM  
2/9/2017



# Risk Management



- What is a Concussion?
- Signs & symptoms of a concussion
- What should parents do if they suspect their child has a concussion?
- Rules for returning to play after a concussion.
- You can find the Document on our DDY website under Recreational - Parent Information tab. The document is in the Concussion Information button.



# Concussion



## WHAT IS A CONCUSSION?

A concussion is a brain injury. Concussions are caused by a bump or blow to the head. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

You can’t see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If your child reports any symptoms of concussion, or if you notice the symptoms yourself, seek medical attention right away.

## WHAT ARE THE SIGNS AND SYMPTOMS OF A CONCUSSION?

### Signs Observed by Parents or Guardians

*If your child has experienced a bump or blow to the head during a game or practice, look for any of the following signs and symptoms of a concussion:*

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can’t recall events prior to hit or fall
- Can’t recall events after hit or fall

### Symptoms Reported by Athlete

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Does not “feel right”

## HOW CAN YOU HELP YOUR CHILD PREVENT A CONCUSSION OR OTHER SERIOUS BRAIN INJURY?

Every sport is different, but there are steps your children can take to protect themselves from concussion.

- Ensure that they follow their coach’s rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship at all times.
- Make sure they wear the right protective equipment for their activity. Protective equipment should fit properly, be well maintained, and be worn consistently and correctly.

## WHAT SHOULD YOU DO IF YOU THINK YOUR CHILD HAS A CONCUSSION?

- 1. Seek medical attention right away.** A health care professional will be able to decide how serious the concussion is and when it is safe for your child to return to sports.
- 2. Keep your child out of play.** Concussions take time to heal. Don’t let your child return to play the day of the injury and until a health care professional says it’s OK. Children who return to play too soon—while the brain is still healing—risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.
- 3. Tell your child’s coach about any recent concussion.** Coaches should know if your child had a previous concussion. Your child’s coach may not know about a concussion your child received in another sport or activity unless you tell the coach.

## CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that not only does not diminish, but gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (*even a brief loss of consciousness should be taken seriously*)

## WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete’s brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. *They can even be fatal.*

## Remember

Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

## WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it’s OK to return to play.

Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

It’s better to miss one game than the whole season. For more information on concussions, visit: [www.cdc.gov/Concussion](http://www.cdc.gov/Concussion).

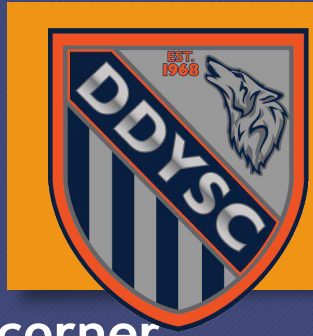


# U4 Rules:



- Goals and balls will be brought to the fields each week for practice and games. Although we do provide a few balls, please encourage your players to bring their own as well.
- For the first 30 minutes of scheduled time, each team will practice on one half of the assigned field. At the conclusion of 30 minutes, both teams will play a game for the remainder of the time, 30 minutes.
- Size 3 balls will be used.
- Play will consist of 3 vs. 3 with no goalkeepers.
- Coaches are allowed on the field during games. A coach from each respective team will be on each half of the field and both coaches will act as officials for the game. Parents are also allowed on the field for those players who need to hold a parent's hand during play or need additional encouragement. Please limit the amount of Adults on the field though, so the players have enough room to run.
- Each game will be divided into two (2) halves of twelve (12) minutes each. Coaches will substitute players every three (3) minutes; substitutions should be completed with one (1) minute. When substitutions are made at each 3 minute interval, all players on the field of play should be substituted; this will prevent any player from being out for an entire half.
- Half time will be 3 minutes in length.

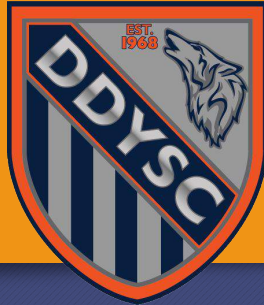
# Rules - continued



- Each age group will use the “New Ball” Method during the game. No throw-in or corner kicks will be used during the New Ball method. Instead when a ball travels out of bounds, a coach or parent will announce “new ball” to the players and will gently roll a new ball onto the playing field. This will allow the players to have more touches during a game. Coaches must have parent volunteers on the sidelines to help shag balls and help throw balls into the players.
- During the New Ball method coaches should try to throw a ball onto the field near a player that has not had a chance to touch a ball. This will help allow all players a chance to touch the ball whether they are aggressive or not. Also the coach should throw a ball towards the goal of a team that has not scored yet to help the team be successful, especially if the other team has scored several goals. The New Ball method is used to help promote the basics of the game; dribbling and passing.



# We ask that you:



- Players of all ages have the choice to wear a mask while actively playing. Players who are vaccinated, do not have to wear a mask while walking to or from the fields or while on the sidelines. If a player is not vaccinated then we ask them to wear a mask to and from the field and while sitting on the sidelines.
- No benches will be available for players or spectators. Parents must bring their own chair for the sideline.
- Players will not be allowed to high five or shake hands with other players.
- Please assist the coach during the game with shagging balls during New Ball.
- We ask that all parents and siblings social distance from others while on the sidelines.
- Parents feel free to cheer and applaud. This is not silent WEEKEND! But please no negative comments and absolutely no coaching. And, Please, applaud good plays by the other team too.



# Questions?

